



Camp Menu ~ May 14 – 18

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Three Food Groups					
Milk					
Fruit or Juice					
Bread or Cereal					
Lunch Four Food Groups					
Milk					
Bread or Grain					
Fruit, Juice, Vegetable					
Protein					
Afternoon Snack Two Food Groups	Mac & Cheese Chicken Nuggets	Scrambled Egg Casserole	Fish Sticks	PB&J	Hot Dogs
Milk	Milk	Juice	Milk	Juice	Milk
Bread or Grain	Macaroni	Toast	French Fries	Bread	Bread, Chips
Fruit, Juice, Vegetable		Applesauce		Jell-O with Fruit	Carrot Sticks
Protein	Cheese, Chicken Nuggets	Eggs	Fish Sticks	Peanut Butter	Hot Dogs
Specials			Pudding		
To Buy Milk – 1 gal Juice – 1/2 gal each	Mayo (2), Milk, Chicken Nuggets	Eggs, Diced Potatoes, Applesauce	French Fries	Peanut Butter, Grape & Strawberry Jelly	Hot Dogs, Carrots, Hot Dog Buns